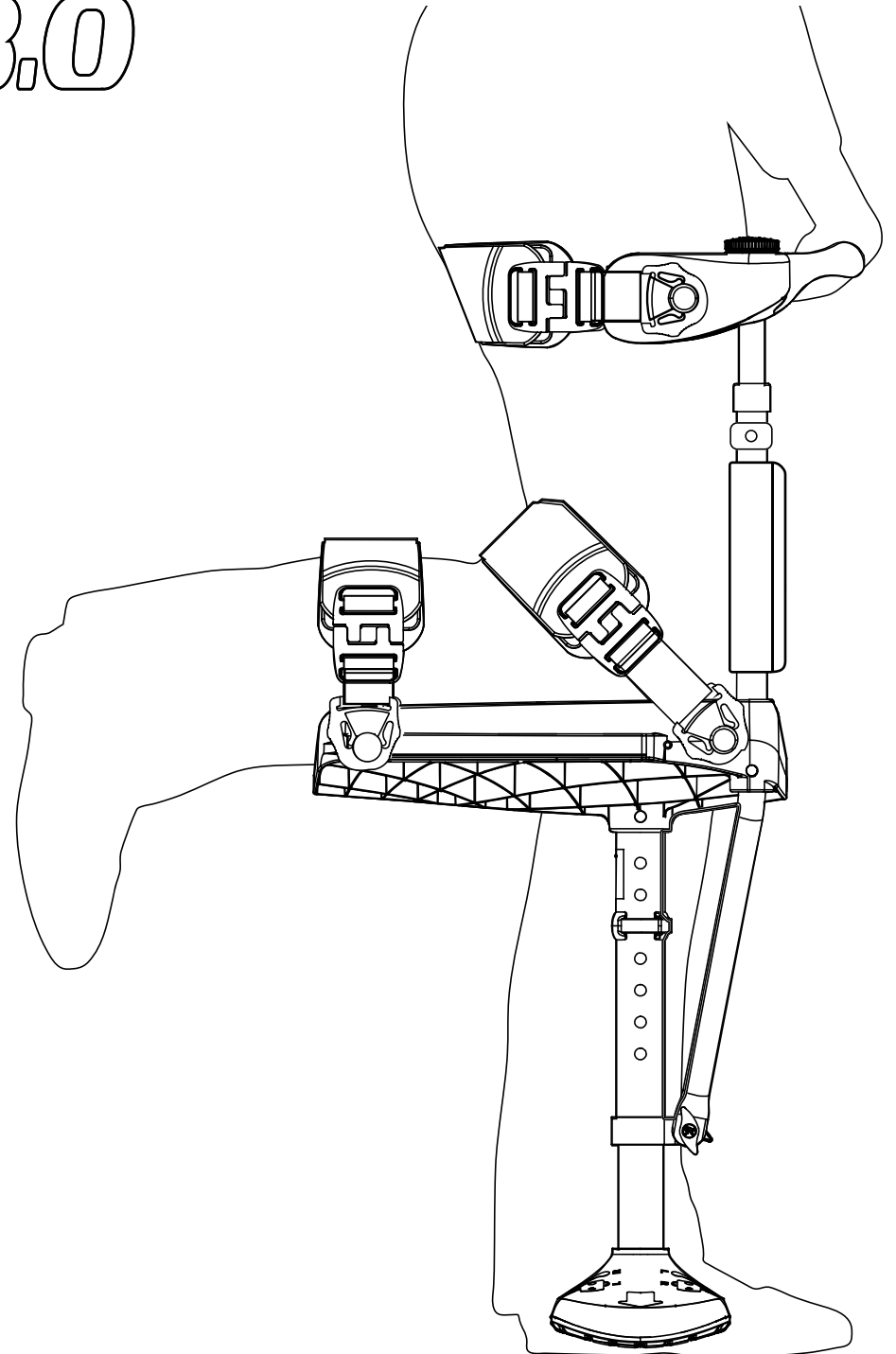
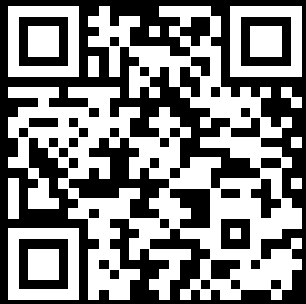


iWALK 3.0

HANDS-FREE KNEE CRUTCH

USER GUIDE





iwalk-free.com/start

1 ASSEMBLY

Quick, tool-free

2 FITTING

Custom fit for your leg

3 FIRST STEPS

Learn how to walk with iWALK3.0



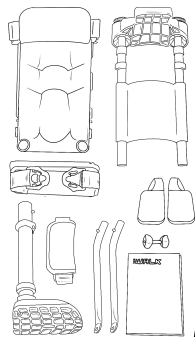
Written instructions can only cover the basics. The **best** way to learn is to follow our video instructions.

1 ASSEMBLY

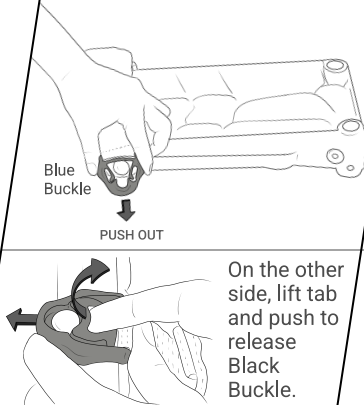
Quick, tool-free

1 Install Lower Tube into Knee Platform

A Unbox all parts.

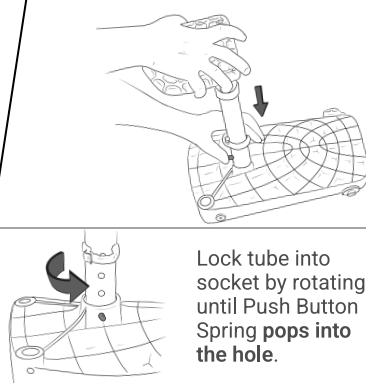


B Remove the Calf Strap on the back of the Knee Platform.



On the other side, lift tab and push to release Black Buckle.

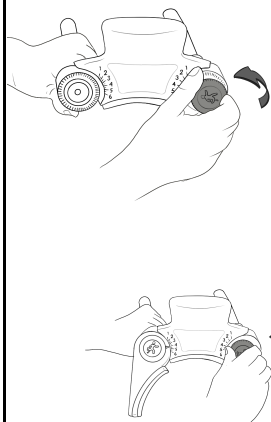
C Push Lower Tube Assembly into **socket** on underside of Knee Platform.



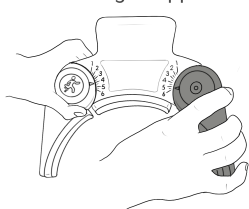
Lock tube into socket by rotating until Push Button Spring pops into the hole.

2 Install Thigh Supports

A 1. Remove both blue Thumbscrews.



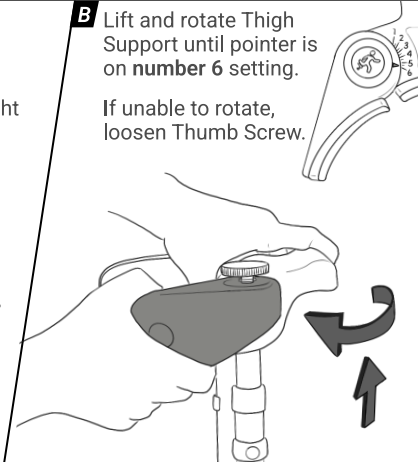
2. Install left and right Thigh Supports.



3. Reinstall Thumb Screws and tighten to only 50%.

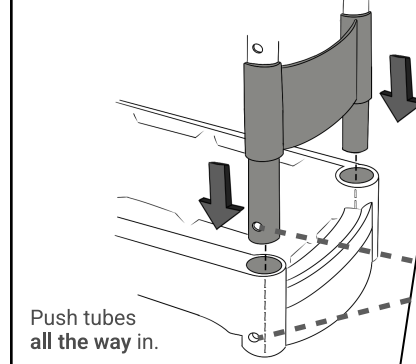
B Lift and rotate Thigh Support until pointer is on **number 6** setting.

If unable to rotate, loosen Thumb Screw.



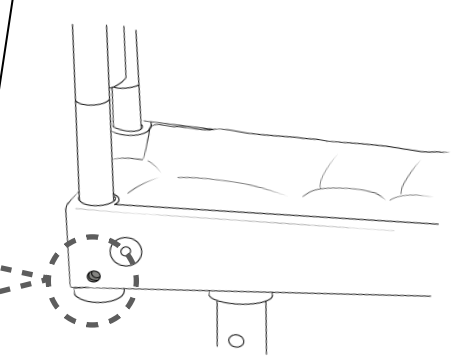
3 Install Upper Crutch Assembly into Knee Platform

A Install tubes into sockets in the front of the Knee Platform.



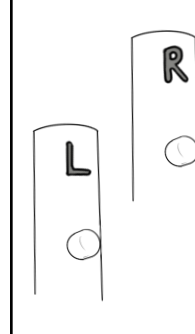
Push tubes all the way in.

B The hole in the end of the tubes must align with the hole in the side of the Knee Platform Socket.

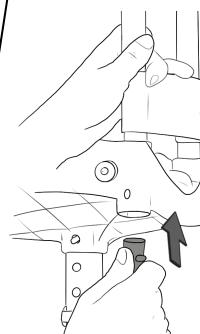


4 Install Support Tubes (Left and Right)

A Identify Right and Left Support Tubes by the embossed "R" or "L" at the top of the tube.

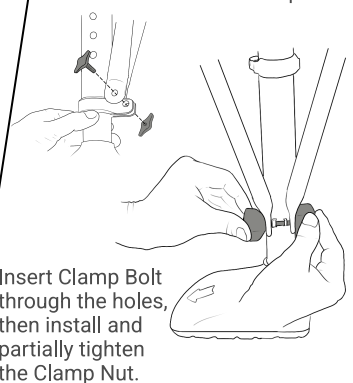


B Insert Right Support Tube into the socket at bottom right side of Knee Platform. Insert until **spring head pops out of the hole** on the side of the Knee Platform.



Repeat for Left Support Tube.

C Holes at the bottom of the Support Tubes should align with holes in the Clamp.

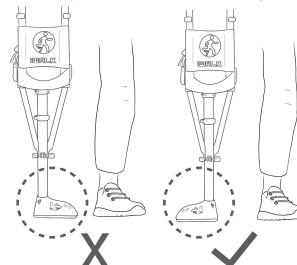


Insert Clamp Bolt through the holes, then install and partially tighten the Clamp Nut.

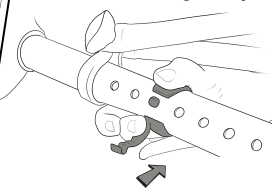
5 Adjust the Foot for Left or Right Leg Use

A There is an arrow printed on the top of the Foot. For right leg use, the arrow must point right. For left leg use, the arrow must point left.

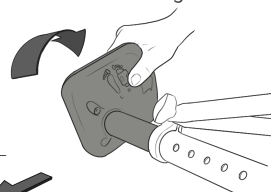
Example with crutch on right leg:



B 1. To change Foot orientation remove blue Lower Height Adjustment Clip.



2. Rotate Foot and Foot Tube 180 degrees.



3. Reinstall the Height Adjustment Clip.



Watch our
videos for
**FITTING &
FIRST STEPS**

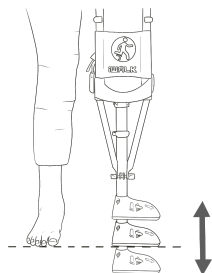
2 FITTING

Custom fit for your leg

The basics - watch videos for personalized instruction

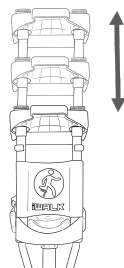
**Lower leg height
adjustment**

Used to achieve
equal leg length



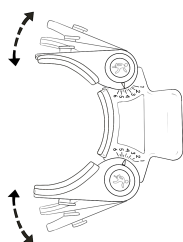
**Upper leg height
adjustment**

Used to stabilize
the crutch by
placing Thigh
Supports as high
as possible on your
upper leg



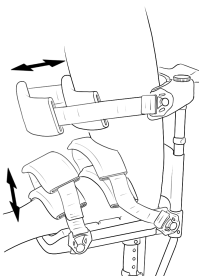
**Thigh Support
adjustment**

Used for:
1. Matching your
upper thigh size
2. Adjusting
vertical angle for
Valgus / Varus
leg conditions to
fit your upper
thigh.



**Strap
adjustment**

Used for:
1. Adjusting strap
length (black
section)
2. Final tightening
of the strap when
in use, loosening
the strap for
taking off



3 FIRST STEPS

Learn how to walk with iWALK3.0

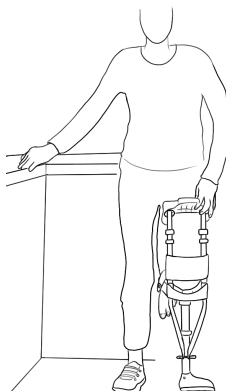
The basics - watch videos for personalized instruction

Wear proper clothing:

1. Form fitting pants
2. Comfortable, flat sole shoes or bare feet (no sandals)

Be in a suitable environment:

1. Hard, level surface (not carpet)
2. Path that allows for 10 or more steps without stopping or turning
3. No obstacles in your path
4. Handrail, counter or wall to help you balance



Learning to walk:

1. Do the practice exercises as shown in the video instructions
2. Use the handle for your first steps
3. Once you start walking, keep going, do not stop and start

DON'T GIVE UP!

Some people adapt quickly, some take longer. Allow yourself as much time as you need.

If you need help, personalized support is available.

DO YOU NEED HELP OR A RETURN?



Assembly
Difficulties?



Missing
Parts?



Problems
Adapting?

CONTACT OUR SUPPORT TEAM



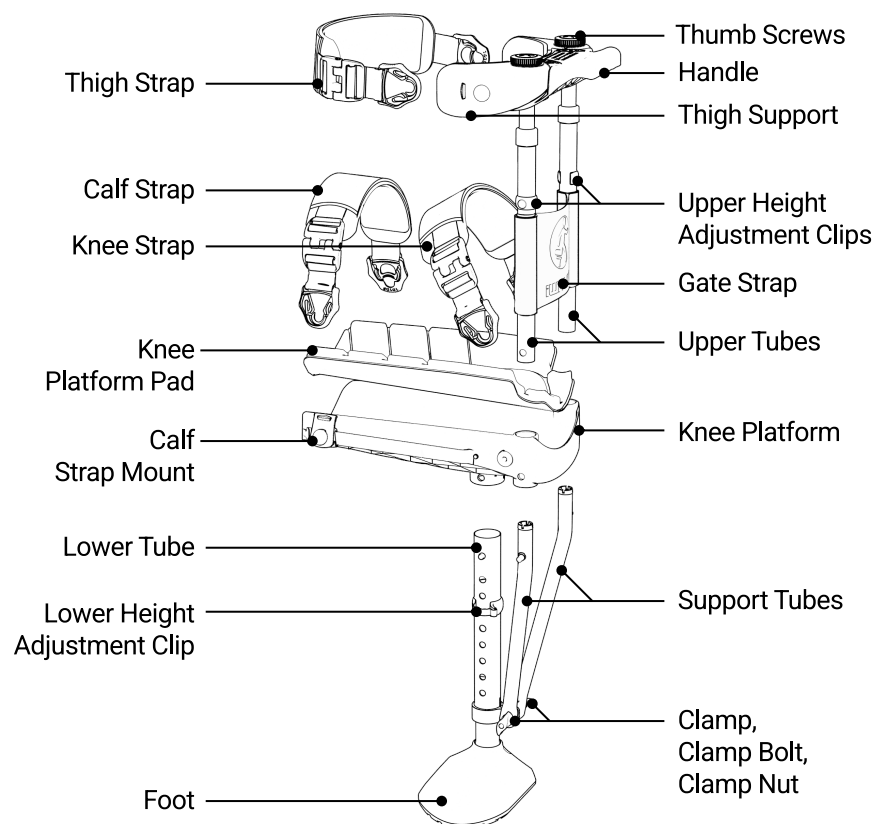
support@iwalk.com



iwalk-free.com/support



Refer to this diagram when contacting iWALK Support



ABOUT iWALKFREE

Our mission is to improve people's lives by providing functional independence during their non-weight bearing recovery period.

iWALKFree is a small company with a big goal – to change the way the world thinks about the non-weight bearing experience. Crutches and scooters are so limiting, and now they are unnecessary because you can be hands-free with the iWALK crutch.

Our team, based out of California, is passionate about what they do. iWALKFree is the originator of the hands-free crutch and remains the world leader. It's our singular focus – it's all we do.

We're honored to play our part in improving your recovery.

Regulatory Information

General Information

- Intended Use Statement: This device is intended for single user, able bodied human under 126kg with need for single lower limb unloading during walking, without concurrent use of other assistive devices (cane or crutch) in normal indoor and outdoor environments between 0° C and 40° C.
- Expected Product Lifetime: 150 days at 6000 total steps per day on heaviest user; longer expected for smaller user.
- Cleaning Instructions: Rinse clean with fresh water, then allow to dry, ensuring that no liquid remains.

Usage Restrictions

- Device is not intended for unsupervised use by patients with significant balance issues or cognitive difficulties.
- Cognitively impaired users must seek assistance from a person qualified to use the device.
- Only use device after proper assembly in accordance with instructions by qualified personnel.
- If you do not understand these instructions, stop and seek qualified assistance.
- Device is intended for use by a single user only, not for rental or resale.

Flammability and Heat Exposure

- This device does not incorporate self-extinguishing or fire retardant materials.
- Do not expose to external sources of ambient heat or open flame.
- Do not store or leave in direct sunlight, and do not use when painfully hot to the touch until device is allowed to cool.

Safety and Precautions

- Do not place fingers or small appendages in or near holes or V-shaped openings, while in use or stationary.
- Do not ingest any components of the device. Do not assemble or disassemble in the presence of small children.
- Discontinue use if there is any evidence of soft tissue damage associated with use or wearing the device.

Miscellaneous

- Device does not respond to verbal or telepathic commands.
- Device has no user serviceable parts. Follow original assembly instructions when replacing a part.
- Device contains metallic components. DO NOT WEAR OR USE during medical imaging of any kind, including MRI.